MORAGA TURKEY TROT FOOD DRIVE

FBCCS recommends donating healthy, nonperishable food that you would like to eat! (No glass & no expired food, please!)

List of most needed items:

- ☐ Nut butters (peanut, almond)
- ☐ Jam/Jelly/Honey
- ☐ Canned tuna and chicken (in water)
- ☐ Boxed macaroni and cheese
- ☐ Shelf-stable milk
- ☐ Applesauce
- ☐ Beans/lentils (dry or canned)
- ☐ Rice
- ☐ Whole grain cereals/crackers
- ☐ Oat/oatmeal/farina
- ☐ Whole wheat/grain pasta
- ☐ (easy-open) Canned soups/vegetables/tomato products (low sodium)
- ☐ Canned fruits (in juice)
- ☐ 100% Fruit juice (cartons or small boxes only)
- ☐ Non-perishable, ready-to-eat meals: chili, ravioli, meats, etc. (low sodium)

Holiday Specific Food List (no glass, please!):

- ☐ Macaroni noodles
- ☐ Mashed potato flakes
- ☐ Gravy mix (powdered)
- ☐ Canned sweet potatoes
- ☐ Canned green beans
- ☐ Canned pumpkin
- ☐ Cream of mushroom soup
- ☐ Cranberry sauce
- ☐ Stuffing mix
- ☐ Pinto beans (dry)
- ☐ Masa Cornbread mix
- ☐ Cornhusks
- ☐ Flour
- ☐ Cooking oil
- ☐ Cinnamon (ground)
- ☐ Chicken stock
- ☐ Scalloped potato (boxed)

Donate Directly to FBCCS: https://runsignup.com/Race/Donate/CA/Moraga/MoragaTurkeyTrot